

	Y7	Y8	Y9	Y10	Y11
<u>PSHCE: Living in the Wider World & Careers</u>					
1	My Dream Job	Challenging Jobs	Types of Work	Managing Money	Transferable Skills
2	Active Citizens	Volunteering	Work Experience	Financial Risks	SWOT Analysis
3	Human Rights	Environmental Impact	Business and Enterprise	Workplace Diversity	Understanding a CV
4	Equal Rights	Refugees	Preparing for a Job	Workplace Health and Safety	Writing a CV
5	Stereotypes	Democracy and Elections	Choosing KS4 and Post-16 Options	The Constitution and Power	Interview Skills
6	Extremism	The Legal System	Fake News	Systems of Government	Developing a Professional Identity Online
7	Radicalisation	Modern-Day Racism	Influencers	Radicalisation	Divisive Language
<u>PSHCE: Healthy Lifestyles</u>					
1	Values	Anti-Social Behaviour	Reframing Negative Thinking	Drug Use	Work-Life Balance
2	Identity	Exercise	Coping with Change	Addiction	Exam stress
3	Self-Esteem and Body Image	Risks of Smoking	Digital Resilience	Cannabis	Alcohol Use
4	Illness and Hygiene	Smoking: It's Up To You	Media Influence	Vaping	Basic first aid
5	Vaccines and Immunisations	Healthy Eating	Gangs and organised crime	County Lines	Organ and blood donation
6	Mental Health	The Importance of Sleep	Developing Positive Sleep Habits	Knife Crime	Cancer
<u>PSHCE: Relationships and Sex Education</u>					
1	Positive Relationships	Exploring Identities	Healthy Relationships	Communication in Relationships	The Maturing Body
2	Maintaining Positive Relationships	Respecting Identities	Committed Relationships	Consent in Maturing Relationships	Assertive Communication
3	Recognising Bullying	Abusive Behaviours	Consent	Online Relationships	Alternatives to Sex: Abstinence, Asexuality and Celibacy
4	Boundaries and Peer Pressure	Grooming	Unhealthy Relationships	Media and Relationships: Pornography	
5	Inappropriate Online Behaviour	Sharing Nude Images	Sexual Health: STIs	Sexual Health: Contraception	
6	Puberty: Physical Changes	Puberty: Emotional Changes	Honour Based Violence: Forced Marriage and FGM	Unintended Pregnancy	
7	Dealing with Loss	Changing Relationships	Pleasure and Intimacy	Family Responsibilities	